

IN THE FOOTSTEPS OF BUDDHA

Delhi - Lucknow - Balrampur - Lumbini - Kushinagar - Patna - Bodhgaya - Varanasi - Agra - Delhi

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<u>About</u>

Buddhism originated in the Kingdom of Nepal but its major traces are situated in both India and Nepal. Follow this incredible spiritual journey of Gautam Buddha and enlighten yourself about this preachings and teachings.

Day 01 :: Delhi

On arrival at Delhi international airport, welcome and transfer to hotel for overnight stay.

Day 02 :: Delhi / Lucknow / Sravasti / Balrampur

After breakfast transfer to airport for your domestic flight for Lucknow. Drive from Lucknow airport to Balrampur. (160 KMS / 4 hrs)

On arrival check - in hotel for late lunch. Later proceed to Sravasti, capital of the ancient Kosala kingdom, that is sacred to Buddhists because it is here that Lord Buddha performed the greatest of his miracles to confound the Tirthika heretics. These miracles include that of the Buddha creating multiple images of himself, hence forth has been among the favorite themes of Buddhist art.

Sravasti was an active centre of Buddhism even in the Buddha's lifetime. The Buddha himself spent many summers here, and delivered important sermons. It was here that Anathapindaka built, in the garden of Prince Jeta a large monastery for the reception of the Buddha. Later, several shrines and other monasteries arose at this sacred spot.

Sravasti has been identified with the remains at Saheth - Maheth on the borders of the Gonda and Bahraich districts. It is situated on the banks of the River Rapti. Return to Balrampur for overnight stay.

Day 03 :: Balrampur / Kapilvastu / Lumbini

After breakfast drive to Kapilvastu (Indian side 150 kms / 03-30 hrs.) to see the ruins of the city where prince Siddhartha spend twenty nine years of early life. You will also visit Relic stupa, surrounded by Monasteries in all the four direction, build by Shakyans over the mortal remains of Buddha. Later drive to Sonauli (Indo Nepal Border) and then to Lumbini (25 kms / 40 minutes) to see the sacred Garden, where Siddhartha was born. You will see newly renovated Maya Devi Temple, originally built by Emperor Ashok and renovated many times (bricks of different period are visible), Ashokan pillar, sacred pond and other ruins. You may also visit Royal Nepal Temple and Tibetan Temple.

Day 04 :: Lumbini / Kushinagar

After breakfast drive to Kushinagar via Sonauli (180 kms / 04 hrs.). On arrival visit Mahapari Nirvana Temple, which en shrine 22 feet long image of reclining Buddha from 5th Cent. AD. You will huge stupa, built at the site, where he passed away, Ashokan stupa, where His body was kept for some times before taking for cremation and Cremation stupa. You may also visit Thai, Japan, Myanmar and Chinese monasteries. Overnight in hotel.

Day 05 :: Kushinagar / Vaishali / Patna

After breakfast, proceed to Patna via Vaishali (220 Kms / 06 Hrs) where Buddha preached Ratan Sutta, for the people of Vaishali to get rid of drought. Visit Kutagar Shala, where he used to stay, monkey tank, Swatik monastery for nun, Ashokan stupa, with still intact lion on the top, facing towards Kushinagar and Ananda stupa. Later Drive Patna (35 kms / 2 hrs. approx). On arrival check in hotel for overnight stay.

Day 06 :: Patna / Bodhgaya

After early breakfast drive to Bodhgaya (130 Kms / 4.5 Hours) enroute visiting Mahakala mountain, where ascetic Siddhartha spent six years in penance before enlightenment. On arrival in Bodhgaya check in hotel Later visit Mahabodhi Temple and Mahabodhi Tree (where ascetic Sidhartha became the enlightened one and became "Buddha". Overnight in hotel

Day 07 :: Bodhgaya

Bodhgaya is the greatest pilgrim center for Buddhist where lord Buddha gained enlightenment under the Mahabodhi tree. The Mahabodhi temple marks the exact spot where Buddha sat in meditation. Overnight in hotel.

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Day 08 :: Bodhgaya / Varanasi

After breakfast leave for Varanasi. (255 Kms / 6 Hours) On arrival check in hotel. Afternoon excursion to Sarnath where Buddha preached his first sermon and founded Sangha. See the ruins of monasteries, Moolgandh Kuti (the hermitage, where Buddha lived, Ashokan Pillar, Dharmarajika stupa (Relic stupa), Dhammek stupa, where he preached and Panchayatan Temple. Also visit museum which contains Four Lion capital of Emperor Ashok (now the National Emblem of India) and most beautiful image of preaching Buddha from 5th Cent AD. You may visit Srilankan Temple, constructed by Anagarik Dharmapala of Srilanka in 1932. Return to Varanasi for overnight in hotel.

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Day 09 :: *Varanasi / Agra

Early morning boat ride on river Ganges to witness the sunrise and early morning prayers. Return to hotel via different ghats.

Later transfer to airport for **flight** to Agra. On arrival transfer to hotel for overnight stay.

*In case flights are not operational for this sector, the alternative would be to fly from Varanasi to Delhi and further drive from Delhi to Agra (205 Kms / 4 Hrs)

Day 10 :: *Agra / Delhi

After breakfast visit the world famous Taj Mahal, Agra fort & Tomb of Itmad-ud-daulah. Afternoon return drive to Delhi. (205 Kms / 4 Hrs) On arrival check-in hotel for overnight stay.

Note: Taj Mahal remains closed on Fridays.

Day 11 :: Delhi/Onward Destination

After breakfast leave for sightseeing of Old Delhi visiting Rajghat & Shanti Vana (the cremation sites of Mahatma Gandhi and Jawaharlal Nehru), Jama Masjid and drive past Red fort and Chandni Chowk. Afternoon sightseeing of New Delhi visiting Qutub Minar, India gate (war memorial), Lakshminarayan Temple - modern Hindu temple, drive past President's House, Parliament House & Secretariat Building.

Ready to pack your bags as you await transfer to international airport for flight to onward destination.



